October 2025 Menu

Breakfast every day offers the choice of 3 different cold cereals. All grains offered at breakfast and lunch are whole grain rich. A variety of low fat and fat free milks are offered with breakfast and lunch. The Garden bar is offered to K-12 Students daily. Which includes a variety of fresh vegetables and fruit for the students to choose from.

Monday	Tuesday	Wednesday	Thursday	Friday
1% White or flavored milk served daily This institution is an equal opportunity provider		1 Strawberry Mini Bagels Meatball Sub Cucumber & Tomato Salad Fruit	2 Pancakes & Sausage Chicken Drumsticks Mac & Cheese Peas Fruit	3 Oatmeal Pig in a Blanket Green Beans Fruit
6 Breakfast Pizza Cheese Breadsticks With Marinara Cali Blend Veggies Fruit	7 Biscuits with Sausage Gravy Enchilada Bake Refried Beans Fruit	8 Breakfast Burrito Salisbury Steak Mashed Potatoes Corn Fruit Roll	9 Waffles Pepperoni Pizza Carrots Fruit	10 Frudel Grilled Chicken Sandwich Broccoli with Cheese Fruit
13 Pancake & Sausage on a Stick Fish Sticks Green Beans Breadstick Fruit	14 Muffins Steak Fajita Bowl With Roasted Veggies Fruit	15 Oatmeal Chocolate Breakfast Bar Mini Corndogs Mac & Cheese Peas Fruit	16 Breakfast Tacos Cheese Pizza Corn Fruit	17 Cherry Turnovers Pulled Chicken Sandwich Baked Beans Fruit
20 Cini Minis Orange Chicken Fried Rice Egg Roll Fruit	21 Sausage, Egg & Cheese Muffin Beef Tacos Black Beans Fruit	22 Honey Bun Breaded Pork Sandwich Carrots Fruit	23 Mini Pancakes Cavatappi with Meat Sauce Cucumber & Tomato Salad Breadstick Fruit	24 Eggs, Bacon, & Toast Grilled Cheese and Tomato Soup Green Beans Fruit
27 Breakfast Tornados Cheese Burger Sweet Potato Fries Fruit	28 Egg Bites Chicken Crispito Corn Fruit	29 French Toast & Sausage Links Sausage Pizza Peas Fruit	30 Mixed Berry Yogurt Parfait Breaded Beef Patty Mashed Potatoes Gravy Fruit Roll	31 Sausage Biscuit Boneless Wings Celery Carrots Fruit Texas Toast

Maywood Public Schools is an equal opportunity provider. In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.